## **PLEDGES**

Here are	sample pled	lges for use	at Red Ribb	on Week event	<ul><li>s. Parents an</li></ul>	id students ca	an recite these	
pledges,	or sign and	post them ir	their homes	s and schools a	s a reminder o	of their pledge	es to be drug-fre	эе

Parents' Pledge

We will talk to our children about the dangers of drug abuse.

We will set clear rules for our children about not using drugs.

We will set a good example for our children by not using illegal drugs or medicine without a prescription, or abusing prescription drugs.

We will monitor our children's behavior and enforce appropriate consequences, so that our rules are respected.

We will encourage family and friends to follow the same guidelines to keep children safe from substance abuse.

I pledge to set guidelines to help children grow up safe, healthy, and drug-free.

## Students' Pledge

I pledge to stay in school and learn the things that I need to know.

I pledge to make the world a better place for kids like me to grow.

I pledge to keep my dreams alive and be all that I can be.

I pledge to help others and to keep myself drug free.

Student Name (please print)

Student Signature

Date

Student School

Parent or Caregiver Name

Parent or Caregiver Signature

Date